



Holiday Camp Welcome Pack

Get Active Sports
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www.getactivesports.com

Welcome!



Dear Parent / Guardian,

Thank you for choosing Get Active Sports, we are sure your child/children will have a great time! Our Ofsted regulated camps offer a wide range of Sports, Games, Fun Activities and Arts & Crafts to keep your child active and entertained throughout the day.

Please see the **welcome board** on arrival, this will display the names of the Supervisor, First Aider and the camp phone number should you need to call.

If you have any questions throughout the camp, please do not hesitate to ask the camp Supervisor.

Registration and De-registration

- Registration for the **short day** is at **9.30am**. Please ensure children are not dropped off before this time unless they are booked on for the **long day** (8am-6pm).
- Registration for the **long day** is at **8.00am**. Children are not permitted to enter the building before this time due to site risk assessments taking place.
- De-registration for the **short day** is **3:30pm** and **6.00pm** for the **long day** where a Get Active Coach will sign out all children once a Parent or Guardian has arrived. If your child is collected after their de-registration time you will be charged £5 per 10minutes of lateness.
- We will not allow a child to leave the camp unless they have been signed out with a parent/guardian (**UNLESS THE CHILD IS OVER THE AGE OF 8 AND WRITTEN CONSENT IS GIVEN FROM THE PARENT/GUARDIAN TO THE SUPERVISOR AT THIS VENUE**).
Once Children are signed out we no longer accept responsibility for their wellbeing.

Staff in charge

A Camp Supervisor oversees the day, they are first aid trained and experienced in Sports & Educational activities. Camp Supervisors have a team of both Sports Coaches and Activity Leaders with them each day. Sports Coaches are qualified to deliver a number of sports and specialist sports to give the children the opportunity to experience a range of physical games.

Our Activity Leaders are qualified to enhance children's literacy and numeracy skills through fun and creative tasks.

Safety Information

- The Supervisor at each camp holds a valid first aid qualification and will administer first aid to children requiring it. An Accident Report Form will be completed and passed to the parent/guardian.
- ALL staff are CRB (DBS) checked.

Break and Lunch times

- Each child will need a packed lunch and LOTS to drink, water is available.
- Get Active Camps schedule three breaks a day in addition to lunch time, children have the choice to have one snack out of their packed lunch (not their sandwich).
Please ensure your child has a suitable snack for these breaks. (x3 snacks recommended)
- **Please note we are a Nut Free camp**



What to wear



We ask all parents to send their child prepared for any weather!

All children should be dressed appropriately in comfortable clothing which they are able to participate in sports with.

All children will need a hat to protect them from the sun during outdoor activities.

Although the weather may be warm/cold please ensure your children wear appropriate outdoor sportswear which they are able to comfortably move in.

Open toed shoes are not deemed appropriate for sports.

We do also ask you to provide your child with a jumper in case the weather does change and becomes cold outside during outdoor activities. When it rains we move inside.

What to bring

It is extremely important that children remain hydrated throughout the day and therefore we ask all children attend with plenty of drinks and/or a re-fillable bottle.

Drinks are not available to buy on site however, we do have the facilities to re-fill bottles with water.

Get Active Sports do not sell or supply sun cream at our camp venues.

Please ensure your child has their own sun cream with their name on it, that they are able to apply themselves throughout the day in order to protect their skin.



Lunch Box & Snacks



Suitable Footwear

****No Football Boots****



Suitable Sportswear



Jumper/Jacket



Water Bottle



Suncream



Sun Hat



Swimwear

***Hillingdon ONLY**



Sports & Activities



Sports

Camps offer a wide range of sports and activities. We ensure that all children have the opportunity to experience a variety of different sports and activities during their attendance.

Not all sports can be offered to children on a daily basis and will be alternated during the course.

Our sport timetable is available online or ask the Supervisor at the venue for the timetable on the day of your child's attendance.

Please note we do not allow Football Boots at our Camps.

Swimming is offered to children **over the age of 8** and is included in the cost of Get Active camp prices. **There is NO EXTRA CHARGE for your child to participate in the swimming activity but they MUST fit the age requirements. **ONLY AVAILABLE AT HILLINGDON****

Swim test of one width of the pool will be carried out for first time attendees.

All children who participate in the swimming activity will require appropriate swimwear and a towel. Children will not be permitted to swim without appropriate swimwear.

All children will be participating in sports activities throughout the day so will need sportswear as well as swimwear.

Children are expected to behave sensibly and safely during the swimming activity.

Any child who is unable to do so will be removed from the activity for both the safety of themselves and the other children participating.

Activities

Themed Art & Craft activities are at all of our camps, we also host a special day which will be advertised on the venue page such as Water Fight Friday's in the Summer, Fancy Dress Friday in October and a Xmas Party in December, please see our website for details.

Inclusive

Your child can choose any sport or activity they wish at all camps.





Extra Activities



These additional activities add an extra spark to every child's day!
Please see venue page for dates available for the following activities

Inflatables

Our Gladiator Duel & Soccerama inflatables will be visiting our camps this year.
Dare to take on the Gladiator Duel or fancy yourself as a Free Kick specialist?
See venue page for dates at your chosen camp.

£2 per child 2hrs



Laser Tag is the ultimate action game for 8yrs and over
Every player gets a state of the art Battlefield Sports Phaser and over 30 different game missions

****No lasers are used, the phasers emit an infra red beam similar to a tv remote control****

See venue page for dates at your chosen camp.

£5 per child 2hrs



The hugely popular Nerf is now at our camps, we design fun games & activities to play for under 8's!
Goggles provided.

£2 per child 2hrs

Wii Sports



Wii Sports Challenge, Can you beat our Coach's score? Lots of sports to choose from
Will you top the camp leaderboard?

£FREE

www.getactivesports.com



Camp Rules



Camp Welcome

Every morning at our Camps we hold a welcome meeting where the Supervisor will go over the days activities, rules and introduce the staff.

We provide a fun, safe and friendly environment for all children participating and have a few set rules to adhere to and a T.I.M.E system of sanctions in place which is explained below.

RULES

Have FUN in a SAFE manner
PLAY within the rules of the game
RESPECT each other
Do not spoil the enjoyment of others

Behaviour Chart

T = Time Out

I = Improve Behaviour

M = Move from the group

E = Expelled from Camp

Behaviour & Expulsion

Supervisors will inform the parent/guardian of any problems with behaviour during their time at camp to illiminate any further issues.

In the unlikely event of your child being expelled from Camp we will contact the parent/guardian and/or the other contacts you have supplied when booking to collect your child at your earliest convenience.



Terms & Conditions



All children must be registered on arrival and de-registered on collection with a parent or guardian as per the times you have booked.

Written permission from a parent/guardian allowing children to travel to and from the event alone must be handed to the Supervisor on the first day of arrival.

If your child suffers from any medical conditions these must be detailed when booking online.
All medicine must be labelled with child's name and signed in on arrival.

The venues which Get Active Sports host their holiday camps all have suitable meeting, changing and lunch areas. If bad weather prevents activities being played outside, Get Active Sports staff will host suitable indoor activities for children to take part in.

All children attending **MUST** be pre-booked online, we do not accept payment on arrival. If you arrive without booking in advance we will ask that you visit our website to complete the booking process before entering the camp. This is an Ofsted requirement.

If your child cannot attend for any reason please notify us **no later than 14 days** in advance of camp start date for a full refund. **NO REFUND within 14 days notice of camp start date** as we have already secured the correct coaches to children ratio unless presenting a Doctors note. However extreme circumstances will be taken into consideration if put in writing to office@getactivesports.com

Get Active Sports will offer an alternative suitable venue or **FULL REFUND** in the event of any camp being cancelled.

Get Active Sports cannot be held responsible for any loss or damage to any personal belongings whilst attending or travelling to or from one of our events.

In the event where a child requires Emergency First Aid treatment, Parental consent is given to First Aid Trained Get Active Sports Staff to administer treatment where necessary, or to transfer the child to hospital if deemed necessary by the Supervisor in charge. Get Active Sports will attempt to contact parents using the contact details provided when booking online.

All policies and procedures including safe guarding, child protection and complaints, can be found at each camp venue or sent on request by emailing office@getactivesports.com.

Booking is deemed acceptance to these terms & conditions.

In the event of a complaint or concern

If you are unsatisfied with any aspect at our camps please contact Natasha Thornton on 01344 860868 or complaints@getactivesports.com

www.getactivesports.com



Checklist



- Booked Online ☐
- Confirmation email ☐
- Drinks / re-fillable bottle ☐
- Snacks x3 ☐
- Packed Lunch ☐
- Suitable footwear ☐
- Suitable Sportswear ☐
- Swimwear / Towel – Hillingdon ONLY ☐
- Jumper / Jacket ☐
- Suncream ☐
- Sun Hat ☐
- Labelled/Named Medicine if applicable ☐
- Extra activity money – Laser Tag, Inflatables, Nerf & Wii ☐

****PLEASE NOTE ALL CAMPS ARE NOT FREE****

****NO FOOTBALL BOOTS AT CAMPS****